

# Growing Up



Our second  
meeting

# **What we did in the first meeting:**

In our first meeting, we talked about doing research and growing up. We made a tape recording of the meeting to help us remember what people said. We wrote down some of the things people said on the flip chart. These are the things that we wrote down:

## **How can we find out more about people (doing research)?**

- Be noseey
- Ask someone who knows them (like a friend or a social worker)
- Ask the person
- From magazines and books
- Write a letter
- Use the Internet (web pages and e-mail)

## **What are the good things about growing up?**

- Leaving school
- Not being bossed around
- Smoking and drinking
- Staying out later in the evening
- Going to college
- Having a boyfriend or girlfriend
- Having more money
- Having more friends
- Leaving home
- Having a baby
- Not getting beaten up by your parents

## **What are the bad things about growing up?**

- Getting locked up for doing bad things
- Not being able to run to your mum if you're in trouble
- Paying bills
- Buying food and clothes

## **What do we need to learn as we grow up?**

- How to look after money and use it
- How to use a washing machine or a dryer
- How to cook
- How to do more things on your own
- How to travel by bus

## **How do we learn these things?**

- From parents
- From carers
- By watching other people
- From brothers and sisters
- At college

# Where people live?

All the young people Parvaneh met have lived away from home before they were 16 years old. Some people stayed for just a few nights. Some people lived away from home for a few nights every week. Some people had a new home and lived there all of the time.

Here is a list of places where people stayed:

- With your parents   
- With your relatives   
- In a respite care centre   
- With shared carers   
- With foster parents   
- At a children's home   
- At a boarding school   
- In a hospital   
- In a secure unit   

Now tick the places where you have stayed. Can you think of any other places that we have missed out? Write your suggestions here.



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In our second meeting (today), we want you to help us find out more about growing up away from home.



***What are the good things and the bad things about growing up away from home?***

There are lots of reasons why people might be happy or sad about the places they have lived. Sometimes people miss their families, sometimes they like to be in a place with their friends, sometimes they like doing things with the staff, sometimes things go wrong and they have to move out.

**Now have another look at the list of places on page 2.**

**If a young person were growing up, where would be the best place for them to live?**



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**Which would be the worst place for them to live?**



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***Can you explain why?***

# What do you want to do?

There are lots of things that people want to do when they grow up. Everyone is different. People like to do different things.

**These are some of the things people do when they grow up.**

- Go to college   
- Get a job   
- Have your own money   
- Buy your own clothes   
- Buy your own food   
- Live on your own   
- See your family   
- Make more friends   
- Get married   
- Have children   

- Go out more



- Go on holiday



- Keep healthy



- Look after yourself



- Do your own washing and cleaning



**Now tick the things you would like to do.**

**Can you think of any other things that we have missed out? Write your suggestions here.**



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Sometimes we can't do all the things that we want to do when we grow up. Sometimes there are things that make it difficult. Sometimes there are other people who can help us to do what we want. Sometimes other people can make life difficult.



***What helps young people to grow up? What can stop them from growing up?***

# Writing our report

**Parvaneh** has met about 30 young people who are growing up. She asked them about their lives and listened to what they wanted to say. Sometimes there was a teacher, a key worker or a parent to help with the interview.

We have been listening to the tape recordings from the interviews and putting all the information together. Now we have to write a report to tell people what we found out. We would like your help with this.

We want our report to help people understand what life is like for young people growing up away from home. We want to help change things, so that services are better for young disabled people in the future.



## ***Who should read our report?***

**What makes a good report?**

- It looks good
- It is easy to read
- It has useful information

**Have a look at some different reports. Which ones are best? Why?**



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**We need to decide what to include in our report.**

- Things we found out by reading other books and reports
- How we did our project
- Things that young people said
- Things that teachers and social workers said
- Things that you said in this group
- Ideas for doing things better



## ***What do you think we should put in the report?***

# Did you have a good day?

Thank you for coming to our second meeting. We hope you enjoyed the day.



***What was good and what was bad?***

Meeting people again



Talking in a group



Reading this book



Lunch



Getting paid



Will you come to our third meeting?

